



I am worried about the future.

Who knows what tomorrow will bring? Sometimes just planning for the day is a challenge. How might these scriptures speak to you? Matt. 6:25-34 “ Therefore, I tell you do not worry about your life, what you will eat or drink; or about our body, what you will wear...”

Stephen Covey taught, “Begin with the end in mind!” As Christian Caregivers we have a responsibility to learn from Jesus how to care. The complications of personal relationships can create problems in caregiving. Dallas Willard in his book, *The Divine Conspiracy* teaches, “Because I am no longer trying to drive them (people, God), genuine communication, real sharing of hearts, becomes an attractive possibility. The healing dynamic of *the request* comes naturally into play...In the very act of asking, in the very nature of *the request*, we acknowledge that the other person can say no, and, ‘innocent as doves,’ we accept that response.” Matt. 7:7-12 “Ask and it will be given to you...” This section ends with the golden rule.

Matt. 6:32b, “your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well.”

What ends can you think of that relate to your issues in caregiving? Which ends do you think of the most, near term suffering, financial, life’s end, eternal?

Where do your fears take your thoughts?	Where can you really make a difference?	Where do you need to hold in faith and trust in God more?

How can you deepen your trust in God?